



Twist Top Headband

By Nicki LaFolle



Supplies

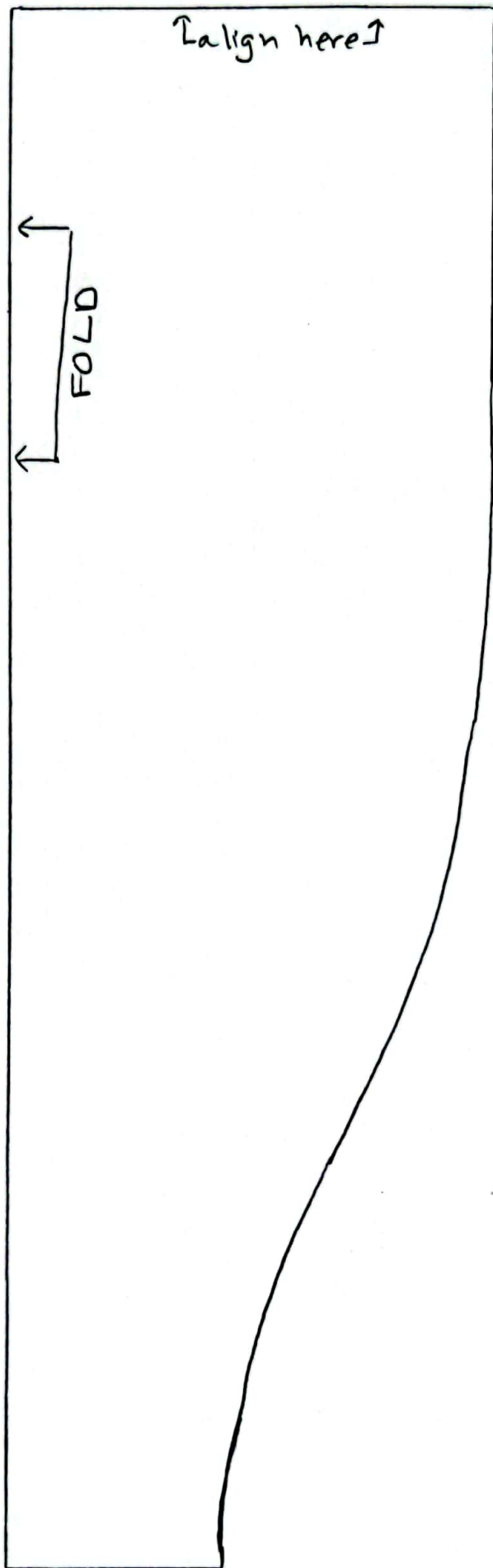
- ½ yard lightweight fabric
- 5 ½" of ¾"-wide elastic

Instructions

Use 1/4" seam allowances.

1. Print the free template. Cut four on the fold. Also, cut one 8"x2 ¾" rectangle.
2. Fold the rectangle in half lengthwise. Stitch the long edge and turn right side out. Insert the elastic piece. Stitch the raw ends to secure. The fabric will be bunched up along the elastic.
3. With right sides together, align two headband pieces. Stitch the long edges, leaving the short, straight edges open. Turn right side out.
4. Repeat for the remaining two headband pieces; press seams flat.
5. Wrap the headband pieces around each other once, aligning the short edges of each piece.
6. Center one elastic raw edge over one set of headband raw edges. Wrap the headband short edges around the elastic short edge; stitch. Repeat for the opposite elastic end. Pull to turn the seam allowances inside the folded edges.

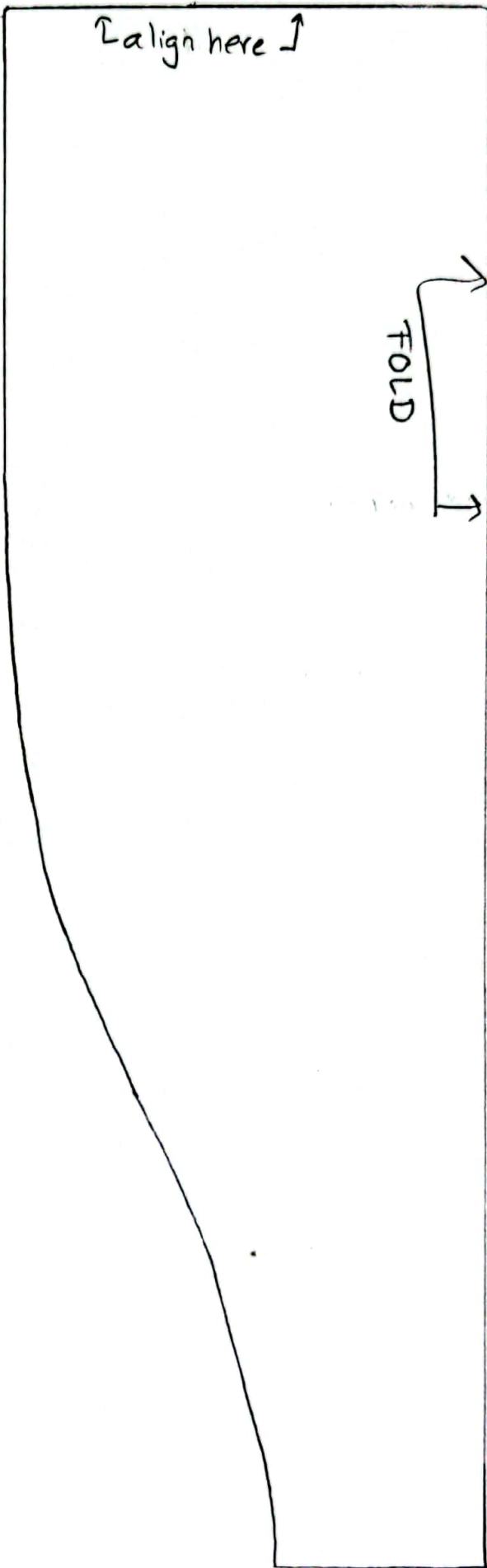
Fabric source: Windhamfabrics.net



1"
Test
Square

┌align here┐

FOLD



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